

Transportation Assistance

If you reside in Cambria, Bedford, Indiana, or Somerset county, there are some funds allotted for transportation assistance if cost is a barrier to your appointments. This is on a case-by-case basis until funds run out. To apply, please contact Nikki Deneen by calling the VCI office or email ndeneen@atlanticbbn.net.

Telephone Numbers

Bedford

Area Agency on Aging: (814) 623-8148

Director of Veterans Affairs: (814) 623-4848

Fax Number: (814) 623-7431

Blair

Area Agency on Aging: (814) 946-1235

Director of Veterans Affairs: (814) 693-3160

Fax Number: (814) 693-3159

Cambria County

Area Agency on Aging: (814) 539-5595

CamTran, Reserve-A-Ride: 1(800) 252-3889

Claims Representative, Nancy Tavalisky:

(814) 244-6125 Fax Number: (814) 255-0356

Director of Veterans Affairs: (814) 472-1590

Fax Number: (814) 472-1423

Somerset County

Area Agency on Aging: (814) 443-2681 or
1(800) 452-0825

Director of Veterans Affairs: (814) 445-1551

Fax Number: (814) 445-1446

SCTS Transportation System: (814) 701-3691, option 2

Thank You Sponsors, Partners, and
Project Leads!

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FOUNDATION



Veteran Community Initiatives, Inc.
727 Goucher Street
Johnstown, PA 15905
(814) 255-0355

Email: vciinfo@atlanticbbn.net

Website: www.vciinc.org

Join our email list to receive employment opportunities and event updates.

Find us on Facebook!

www.facebook.com/vciinc.org



IMPROVING HEALTH
EDUCATION AND OUTCOMES IN
AGING SERVICES

SPONSORED IN PART BY LEE
INITIATIVES HEALTH & WELLNESS
ENDOWMENT

Veterans Perspective: Long Term Care
AGING IN PLACE, SERVICES AND SUPPORT

YOUR GUIDE TO UNDERSTANDING . . .

Aging Services

Financing Principles of Aging
Services

Veteran Support Networks

Community Support Networks

Wealth Management, Elder
Law, and Aging Services

Consultants

Aging Services

There are numerous settings and services that are available for those who are aging.

Skilled Nursing Facilities, Sub-acute and Memory Care
Hospice
Respite Care
Home Care
Home Health
Assisted Living
Personal Care
Independent Living
Continuing Care Retirement Communities/Life Plan Communities

This program includes a **comprehensive overview** of what the settings are and what criterion are generally used for admissions.

Healthy Aging and Maintaining Independence

Keeping up with advances in technology, healthcare, and services is especially difficult in areas where resources are not as readily accessible. To alleviate these stressors, many community efforts and collaborations exist that offer **preventive screenings and services**. VCI can help coordinate these events per request.

If your organization or group would like to host preventive screenings in partnership with this program, please call us to have this scheduled in advance. Resources and events are based on vendor, partner, and schedule availability.

Financing Principles of Aging Services

The U.S. healthcare system is expansive and complex, with services provided through several payment systems and locations. In addition, the Veterans Health Administration is America's largest integrated care health system.* Paired with insurance plans, many people find themselves confused on how to pay for care and how their insurance plans work with the care that they need.

Veterans Perspective: Long Term Care offers introductory sessions to understanding Medicaid, Medicare, Tricare, VA Benefits, Private Insurance, and understanding out-of-pocket costs.

Wealth Management, Elder Law, and Aging Services presentations on Hospice, Area Agencies on Aging, and more are available, but **must be scheduled in advance.**

Veteran support networks are available to help navigate benefits, claims, and insurance plans. Thorough documentation and knowing what agencies are responsible for processing information are crucial to getting responses.

Veterans Benefits Administration

Veterans Health Administration

National Cemetery Administration

Lastly, this program reviews service-connected disability claims and ratings. If you do not qualify for VA benefits, there may be other options available for you. More information is provided during the sessions.



Disclaimer: VCI has taken great measures to ensure all information shared is accurate, reliable, and up to date. However, individual experiences will vary greatly based on personal and financial needs, and some information varies based on facility, organization, and healthcare professionals in various fields. It must be disclosed that VCI is not responsible for case management of individuals. The components that are discussed in the program are only meant to equip the audience with a working knowledge on how to plan for long-term care. There is never a cost or financial obligation to attend any of the events for the long-term care initiative.